

APPENDIX 3: NIPPER RESCUE CERTIFICATE

Nipper Rescue Certificate

Purpose

The Nipper Rescue Certificate is a water safety and rescue award for the provision of water safety for SLS Nipper Activities. It is designed to enable a large range of parents/guardians to be engaged by Clubs to formally assist in improving the delivery of Nipper water based activities and create potential pathways to lifesaving operations such as beach patrols or carnival water safety

Requirements

- **Manual Handling & OSH requirements**

As per SRC requirements

- **Surf Awareness**

As per SRC requirements

Recognise safe beach zones

- **200m Ocean Swim**

Time frame of 6 minutes

- **Demonstrate Aquatic Rescue**

- with a Rescue Tube
- with a contact tow

- **Signals**

- Assistance required
- Attract attention
- Remain stationary
- Go to the right and left
- Return to shore
- Proceed further out to sea
- Pick up swimmer

Proficiency Requirements

To maintain currency members who hold a NRC will need to undergo an annual proficiency test incorporating a 200m Ocean Swim in 6 minutes, a tube rescue and demonstration of signals (those listed above). This proficiency test will need to be recorded on SurfGuard as per other proficiency testing such as SRC and Bronze.

Course Delivery

This course can be trained and assessed by a minimum qualified SRC trainer/assessor (facilitator).

Course length estimated at **3 hours (dependant on group size and prior knowledge/abilities).**

Training/Assessment to be conducted by SLS clubs utilising club members.

Trainer/Assessor/Facilitator to complete attached assessment sheet and clubs must request assessment on SurfGuard as per other assessments such as SRC/Bronze.

Candidates must be current SLSWA club member.